

## APPU, EASTER

Every year we see it; Easter baskets, chocolate bunnies, plastic eggs. Easter can be one of the funnest days of the year, but sometimes we forget its true meaning. This year, and every year, it is important that we take the time to remember the true meaning of

Easter and the sacrifice that was made so we could live. Here, Building Blocks extends to you our prayers for a Wonderful Resurrection Sunday!!

### **Easter Joy** by Joanna Fuchs

Jesus came to earth, To show us how to live, How to put others first. How to love and how to give. Then He set about His work. That God sent Him to do; He took our punishment on Himself; He made us clean and new. He could have saved Himself. Calling angels from above, But He chose to pay our price for sin; He paid it out of love.

Our Lord died on Good Friday, But the cross did not destroy His resurrection on Easter morn That fills our hearts with joy. Now we know our earthly death, Like His, is just a rest. We'll be forever with Him In heaven, where life is best. So we live our lives for Jesus, Think of Him in all we do. Thank you Savior; Thank you Lord. Help us love like you!

### **Remember, Tuition is DUE by April 5th!**





#### When is Earth Day?

The UN designated April 22nd as Earth Day.

### What is the History of Earth Dav?

Earth Day is a very special day specifically designed for all of us to think about earth issues. It is not only a special day in the town where we live, but a day that the whole world participates in! Often there are celebrations, events or campaigns that concern us with earth matters.

Some towns have Earth Dav celebrations, and some people and groups participate in

Earth Day projects. You can participate in one of the existing projects, or start one of your own. Perhaps a small project with your mom or dad such as planting a tree, or a large project with your classroom or neighborhood friends such as a park clean up. The possibilities are endless. Try to think of something you would like to do-you too, can make a difference.



# **Upcoming Dates**

Co-payments & Center Fees <u>Due</u>	April 5th Friday
TAX DAY	April 15th Monday
Pajama Day	April 16th Tuesday
Earth Day	April 22nd
	Monday



## **April is Child Abuse Prevention Month**



Every day, five children die because of abuse and neglect. Here are 10 ways you can help to change that number to zero.

1) Be a nurturing parent. Being a nurturing parent involves meeting basic physical needs as well as consistently seeking to meet your children's emotional needs. Each child is different, as is each parent, so a nurturing relationship can take many forms.

2) Help a friend, neighbor or relative. Everyone sometimes feels stressed, overworked and out of patience, but these kinds of emotions, if left unabated, can lead to regrettable parenting decisions. If you notice that a parent you know seems to be having a rough time, that's a great cue that they may need a little break. Even small gestures can mean a lot and relieve a stressful parent. Remember, just because a parent is stressed, doesn't mean that they are abusing or neglecting their children. But a little help from a trusted friend may do a lot to help them be the parent they want to be.

3) Help yourself and de-stress when necessary. If you find yourself being the one who is stressed out, then maybe it's time to let a trusted friend or family member in to help on occasion. Sometimes a few good nights' sleep away for the weekend is all it takes.



### <u>April</u>

Begin the gardening year by planting cool-weather-loving vegetables in early to mid-April. Plant as soon as the soil dries out enough to work, which will be slightly different each year, depending on late winter and early spring weather. Plant spinach, radishes, turnips, beets, carrots, peas, lettuce and salad greens while the weather is still cool.

### May

After the soil warms up and all danger of frost has passed in early May, plant seeds of beans along with cucumbers and zucchini. Set out transplants of tomatoes, peppers and eggplant. Don't try to rush putting these hot-weatherloving transplants into the garden. If the soil is not yet warm enough, they will not begin to grow until it is.

### June

In the first week of June when the soil is completely warm and summer weather has arrived, plant seeds or transplants of melons, squash and corn. These vegetables need warm soil and weather to germinate and grow and are extremely sensitive to cool temperatures, which can set back their growth and maturity dates by stressing the



4) When your baby cries, be patient. When a baby won't stop crying, it can be frustrating, heartbreaking and even defeating. Never shake a baby. Shaking a baby can result in severe injury and even death.

5) Get involved. Tell other people about child abuse resources in your community and services like the National Child Abuse Hotline (1-800-4-A-CHILD). Don't shy away from speaking out against child abuse and neglect.

6) Help develop parenting resources. Are you a parent who feels like they have wisdom and experiences to share? Contact your local library and offer to help them develop parenting resources.

7) Monitor your child's media intake. This includes things like television, YouTube videos, movies, social media activity, and even texting. Watching violent films and television shows can be harmful to a young child's development and can be desensitizing to older children and teens. For tips on how to decide what your children are allowed to watch, visit CommonSenseMedia.org.

8) Promote programs in school. Help the schools in your community be the source of education about child abuse, not just math, English and science.

April is

**Awareness Month** 

9) Volunteer at a local child abuse prevention program. Another way to get involved in the fight against child abuse is to volunteer your time.

10) Report suspected abuse or neglect. Last, but certainly not least, if you suspect abuse, report it. If you are being abused, don't stay silent. Anyone can call the National Child Abuse Hotline: 1-800-4-A-CHILD 24 hours a day, 7 days a week at no cost, anonymously. Certified counselors are there to assist callers with deciding what the next step to take is.

Tips from ChildHelp.org

**PKI** National Child Abuse Prevention Month



Biethdavs

Teagan F 4/8– 5 yrs old

Heaven B.R. 4/25– 7 yrs

old

Aiden B. 4/27– 7 yrs old

As we enjoy this Season, please remember to pay special attention to 0111

children who suffer from seasonal

allergies and asthma . We pride ourselves here at Building Blocks Learning Academy in providing the best quality care possible...and we need your



HELP! If your child has asthma please provide us with a current ASTHMA ACTION PLAN from your child's primary care provider. Contact the school nurse or staff if your child has any allergies (i.e. food, grass, flowers, etc.) and require special needs or instructions...Thank you.

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