

Building Blocks Learning Academy~ Chicago

Monday	Tuesday	Wednesday	Thursday	Friday
			01 Breakfast: 1% Milk, Sliced Banana & Cornflakes Lunch: 1% milk, Meatballs w/Sauce, Coleslaw, Green Beans, Diced Pears, WG Spaghetti & Garlic Bread Snack: Seedless Watermelon & Wheat Thin Crackers	Breakfast: 1% Milk. Sliced Strawberries & WG Waffle Lunch: 1% Milk, Deli Turkey Slices, American Cheese Slice, Lettuce & Tomatoes, Oven Baked Potato Wedges, Apple Slices & WG Hotdog Bun Snack: Pear Slices & WG Goldfish Crackers
Dreakfast: 1% Milk, Sliced, Seedless Watermelon & Oatmeal Lunch: 1% Milk, Diced Hotdogs, Baked Beans, Coleslaw, Applesauce & WG Wheat Bread Snack: Sliced Seedless Watermelon & Cheez-It Crackers	Breakfast: 1% Milk, Sliced Banana & Cheerios Lunch: 1% Milk, Pre-Cooked Meatballs, Green Beans, Whole Corn, Diced Peaches & WG Spaghetti Snack: Sliced Kiwi, WG Ritz Crackers & Cubed Cheese	Breakfast: 1% Milk, Mixed Berries & Grits Lunch: 1% Milk, Ground Beef/Turkey with Manwich Sauce, Oven Baked Fries, Cucumber & Tomato Salad, Sliced Strawberries & WG Hamburger Bun Snack: Sliced Pears & Rice Cake	07 Breakfast: 1% Milk, Diced Pineapples & French Toast Sticks Lunch: 1% Milk, Diced Chicken, Green Peas, Diced Carrots, Sliced Cantaloupe & WG Bowtie Pasta Snack: Sliced Apples & Raisin Bread	o8 Breakfast: 1% Milk, Sliced Seedless Grapes & WG Bagel Lunch: 1% Milk, Variety Cold Cuts, American Cheese Slice, Shred Lettuce & Tomato, Potato Salad, Sliced Cantaloupe & WG Submarine Bun Snack: Sliced Seedless Grapes & Wheat Thins
Breakfast: 1% Milk, Sliced Oranges & WG Waffles Lunch: 1% Milk, Shredded Chicken, Shredded Mozzarella Cheese, Potato Salad, Glazed Cook Carrots, Sliced Strawberries & WG Pita Pocket Snack: Sliced Peaches & Graham Crackers	Breakfast: 1% Milk, Sliced Banana & Corn Flakes Lunch: 1% Milk, Chicken Legs, Green Beans, Coleslaw, Diced Pears, Buttered Noodles & WG Wheat Bread Snack: Mixed Berries, Plain Yogurt & Granola	Breakfast: 1% Milk, Mixed Fruit & Cream of Wheat Lunch: 1% Milk, Sliced Pepperoni, Shredded Cheese, Carrot & Celery Sticks, Buttered Corn, Diced Pineapples & WG Pita Bread Snack: Sliced Apples & WG Bagel	Breakfast: 1% milk, Sliced Apples & WG Bagel Lunch: 1% milk, Sliced Turkey w/Gravy, Mashed Potatoes, Cauliflower, Diced Peaches & WG Dinner Roll Snack: Sliced Seedless Watermelon, WG Tortilla Chips & Salsa	Breakfast: 1% Milk, Sliced Strawberries & WG Wheat Toast Lunch: 1% Milk, Sliced Turkey Ham, American Cheese Slice, Shredded Lettuce, Cucumber & Tomato Salad, Sliced Seedless Grapes & WG Tortilla Snack: Pear Slices & WG Goldfish Crackers
18 Breakfast: 1% Milk, Sliced Oranges & Mini Croissant Lunch: 1% milk, Breaded Chicken Strips, Mixed Veggies, Sweet Potatoes, Sliced Cantaloupe, Alfredo Pasta & WG Wheat Bread Snack: Sliced Cantaloupe & WG Ritz Crackers	Breakfast: 15 Milk, Diced Peaches & Kix Lunch: 1% Milk, Ground Turkey, Shredded Lettuce & Tomato, Butter Corn, Diced Pineapples & WG Tortilla Snack: Sliced Apples & Cheez-It Crackers	Breakfast: 1% Milk, Seedless Watermelon & WG Pancakes Lunch: 1% Milk, Chicken Legs, Cali Blend Veggies, Mashed Potatoes, Diced Pears & WG Brown Rice Snack: Orange Slices, American Cheese Slice & WG Wheat Bread	Breakfast: 1% Milk, Applesauce & WG Wheat Toast Lunch: 1% Milk, Corndog, Oven Baked Fries, Coleslaw, Sliced Seedless Grapes & WG Wheat Bread Snack: Mixed Berries, Yogurt & Granola	Breakfast: 1% Milk, Apple Slices & WG Bagel Lunch: 1% Milk, Sliced Deli Turkey, American Cheese Slice, Shredded Lettuce & Tomato, Glazed Cook Carrots, Plum & Mini Croissant Snack: Sliced Peaches & Animal Crackers
Breakfast: 1% Milk, Sliced Seedless Grapes & Biscuit Lunch: 1% Milk, Ground Beef/Turkey, Shredded Cheese, Lettuce & Tomato, Buttered Corn, Diced Pineapples & WG Tortilla Chips Snack: Sliced Cantaloupe & Chex Mix	Breakfast: 1% Milk, Sliced Peaches & Raisin Bran Lunch: 1% Milk, Breaded Chicken Strips, Steamed Broccoli, Green Salad, Mandarin Oranges, Mac & Cheese & WG Wheat Bread Snack: Applesauce & Biscuit	Breakfast: 1% Milk, Diced Pineapple & Mini Croissant Lunch: 1% Milk, Diced Chicken, Boiled Egg Wedge, Sliced Cucumber & Tomatoes, Bed of Lettuce, Sliced Cantaloupe & WG Ritz Crackers Snack: Apple Slices & Rice Cake	28 Breakfast: 1% Milk, Sliced Banana & Cornflakes Lunch: 1% milk, Meatballs w/Sauce, Coleslaw, Green Beans, Diced Pears, WG Spaghetti & Garlic Bread Snack: Seedless Watermelon & Wheat Thin Crackers	29 Breakfast: 1% Milk. Sliced Strawberries & WG Waffle Lunch: 1% Milk, Deli Turkey Slices, American Cheese Slice, Lettuce & Tomatoes, Oven Baked Potato Wedges, Apple Slices & WG Hotdog Bun Snack: Pear Slices & WG Goldfish Crackers

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