





Monday	Tuesday	Wednesday	Thursday	Friday
			<p style="text-align: right;">01</p> <p><b>Breakfast:</b> Fruit Cereal Bar And Milk  <b>Lunch:</b> Turkey &amp; Cheese Sandwiches, Apple, Broccoli, Whole Wheat Bread, And Milk  <b>Snack:</b> Wheat Crackers, Hummus, And Water  <b>Snack:</b> Fruit Snacks And Juice</p>	
 <p style="text-align: right;">04</p>	<p style="text-align: right;">05</p> <p><b>Breakfast:</b> Assorted Bagels, Apples, And Milk  <b>Lunch:</b> Taco Tuesday! Chicken Tacos, Spanish Rice, Banana, Whole Grain Corn Tortilla, And Milk  <b>Snack:</b> Cheese Balls And Juice  <b>Snack:</b> Chips, Salsa, And Water</p>	<p style="text-align: right;">06</p> <p><b>Breakfast:</b> Muffins And Milk  <b>Lunch:</b> Cheese Ravioli &amp; Marinara, Mashed Sweet Potatoes, Apple, Whole Wheat Bread, And Milk  <b>Snack:</b> Graham Crackers And Milk  <b>Snack:</b> Trail Mix And Juice</p>	<p style="text-align: right;">07</p> <p><b>Breakfast:</b> Cheerios, Pineapples, And Milk  <b>Lunch:</b> Mac and Cheese, Mixed Vegetables, Seasonal Melon, Whole Wheat Bread, And Milk  <b>Snack:</b> Veggies, Dip, And Water  <b>Snack:</b> Graham Crackers And Milk</p>	<p style="text-align: right;">08</p> <p><b>Breakfast:</b> Toast, Apples, And Milk  <b>Lunch:</b> Turkey &amp; Cheese Sandwiches, Veggie Blend, Apple, Whole Wheat Bread, And Milk  <b>Snack:</b> Chips, Salsa, And Water  <b>Snack:</b> Wheat Crackers, Cheese, And Water</p>
<p style="text-align: right;">11</p> <p><b>Breakfast:</b> Bagels, Cream Cheese, And Milk  <b>Lunch:</b> Spaghetti &amp; Meatballs, Green Beans, Apple, Whole Wheat Bread, And Milk  <b>Snack:</b> Pretzels, Cheese Sauce, And Milk  <b>Snack:</b> Chex Mix And Milk</p>	<p style="text-align: right;">12</p> <p><b>Breakfast:</b> Mixed Muffins And Orange Juice  <b>Lunch:</b> Taco Tuesday! Chicken Tacos, Spanish Rice, Banana, Corn Tortilla, And Milk  <b>Snack:</b> Graham Crackers And Milk  <b>Snack:</b> Trail Mix And Juice</p>	<p style="text-align: right;">13</p> <p><b>Breakfast:</b> Cereal, Peaches, And Milk  <b>Lunch:</b> Beef Picadillo, White Rice, Peas &amp; Carrots, Orange, Whole Wheat Bread, And Milk  <b>Snack:</b> Veggies, Dip, And Water  <b>Snack:</b> Graham Crackers And Milk</p>	<p style="text-align: right;">14</p> <p><b>Breakfast:</b> Toast, Pears, And Milk  <b>Lunch:</b> Chicken Parmesan, Roasted Potatoes, Green Peas, Seasonal Melon, Whole Wheat Bread, And Milk  <b>Snack:</b> Trail Mix And Juice  <b>Snack:</b> Veggies, Dip, And Water</p>	<p style="text-align: right;">15</p> <p><b>Breakfast:</b> Breakfast Biscuits And Milk  <b>Lunch:</b> Turkey &amp; Cheese Wraps, Cauliflower/Broccoli, Banana, Whole Grain Tortilla, And Milk  <b>Snack:</b> Cereal Mix And Milk  <b>Snack:</b> Graham Crackers And Milk</p>
<p style="text-align: right;">18</p> <p><b>Breakfast:</b> Toast, Pears, And Milk  <b>Lunch:</b> Chicken Nuggets, Tator Tots, Green Peas, Applesauce, Whole Wheat Bread, And Milk  <b>Snack:</b> Fruit Snacks and Juice  <b>Snack:</b> Cereal Mix And Milk</p>	<p style="text-align: right;">19</p> <p><b>Breakfast:</b> Breakfast Biscuits And Milk  <b>Lunch:</b> Taco Tuesday! Beef Tacos, Spanish Rice, Veggie Blend, Banana, Whole Grain Corn Tortilla, And Milk  <b>Snack:</b> Graham Crackers And Milk  <b>Snack:</b> Pretzels, Cheese Sauce, And Water</p>	<p style="text-align: right;">20</p> <p><b>Breakfast:</b> Bagels, Cream Cheese, And Milk  <b>Lunch:</b> Penne Pasta w/ Marinara Meat Sauce, Mashed Potatoes, Seasonal Melon, Whole Wheat Bread, And Milk  <b>Snack:</b> Wheat Crackers, Veggie Dip, And Water  <b>Snack:</b> Fruit Snack And Juice</p>	<p style="text-align: right;">21</p> <p><b>Breakfast:</b> Fruit Cereal Bar And Milk  <b>Lunch:</b> Rosemary Baked Chicken, Broccoli, Applesauce, Whole Wheat Bread, And Milk  <b>Snack:</b> Pretzels, Cheese Sauce, And Water  <b>Snack:</b> Wheat Crackers, Veggie Dip, And Water</p>	<p style="text-align: right;">22</p> <p><b>Breakfast:</b> Rice Krispy Cereal And Milk  <b>Lunch:</b> Turkey &amp; Cheese Sandwiches, Veggie Blend, Peaches, Whole Wheat Bread, And Milk  <b>Snack:</b> Cereal Mix And Milk  <b>Snack:</b> Graham Crackers And Milk</p>
<p style="text-align: right;">25</p> <p><b>Breakfast:</b> Mix Muffins And Milk  <b>Lunch:</b> Chicken &amp; Broccoli w/ Penne Pasta, Veggie Blend, Apple, Whole Wheat Bread, And Milk  <b>Snack:</b> Pretzels, Cheese Sauce, And Water  <b>Snack:</b> Chex Mix And Milk</p>	<p style="text-align: right;">26</p> <p><b>Breakfast:</b> Cereal And Milk  <b>Lunch:</b> Taco Tuesday! Beef Tacos, Spanish Rice, Banana, Whole Grain Corn Tortilla, And Milk  <b>Snack:</b> Goldfish And Milk  <b>Snack:</b> Cheese Crackers And Juice</p>	<p style="text-align: right;">27</p> <p><b>Breakfast:</b> Bagels, Cream Cheese, And Milk  <b>Lunch:</b> Ranch Baked Chicken, Roasted Potatoes, Seasonal Melon, Whole Wheat Bread, And Milk  <b>Snack:</b> Fruit Snacks And Milk  <b>Snack:</b> Goldfish And Milk</p>	<p style="text-align: right;">28</p> <p><b>Breakfast:</b> Toast, Pears, And Milk  <b>Lunch:</b> Italian Meatballs &amp; Rotini Pasta, Broccoli, Applesauce, Whole Wheat Bread, And Milk  <b>Snack:</b> Wheat Crackers, Cheese, And Water  <b>Snack:</b> Goldfish And Juice</p>	<p style="text-align: right;">29</p> <p><b>Breakfast:</b> Muffins, Peaches, And Milk  <b>Lunch:</b> Turkey Wraps, Steamed Carrot Sticks, Banana, Whole Grain Tortilla, And Milk  <b>Snack:</b> Fruit Snacks And Juice  <b>Snack:</b> Cheese Balls And Juice</p>

# September 2023

Building Blocks Learning Academy